

Distractions

Equipment Required

Playdoh or modelling clay

<i>Alternative option</i> – Pipe cleaners

THEME

What are some areas of your life that distract you from starting with God?

What are some areas of your life that have taken priority over a relationship with God?

It is very easy to be distracted in today's world, with technology, trends, seasons and the pace of life making it easy sometimes to forget where God is placed amongst everything. Sometimes we need to remove our distractions, create space and begin again with God.

READ

Genesis 1.1 (first 4 words)

In the beginning, God...

ACTIVITY

Using the playdoh, create symbols which sometimes distract you from living life with God. You can then leave these at the table, or flatten them out, as symbol of committing to a life with less distractions and more focus on a relationship with God.